

Troop 11 Backpacking “Suggested Gear” List

Last updated 8/26/2008

Basics:

1. Scout Essentials (you should already have these)
 - a. Pocketknife
 - b. First aid kit
 - c. Extra clothes
 - d. Rain gear
 - e. Flashlight
 - f. Trail food
 - g. Water bottles (Qty=2 One quart Nalgene style bottle)
 - h. Matches
 - i. Sun protection
 - j. Map and Compass
 - k. Whistle
 - l. Insect Repellent
2. Backpack – Internal or external frame OK. Make sure it is sized to the youth. Suggest testing it in the store with weights for fit. REI does a good job of fitting, but backpacks tend to be higher quality/cost.
3. Sleeping bag – Synthetic recommended (provides warmth even when wet). Rated at 32 degrees or lower. **Not over 5 lbs.**
4. Sleeping pad – Provides insulation from the ground. “Blue” foam pads OK. Watch the weight and size if you get an inflatable one. Pads not made for backpacking get heavy and bulky.
5. Boots – Strongly recommended, but not mandatory. Many relatively low cost boots (e.g. HiTek) are available at places such as Big 5 that provide better foot support than tennis shoes. Make sure to break in boots for several weeks before the hike. See socks below when fitting boots
6. Suggested sock layers: Polypropylene inner socks (wicks moisture from feet). Wool outer socks (cushioning and warmth).
7. We will provide a list of other recommended items at a later date (clothing, food, cooking, personal items, etc.)

Other Gear:

The following is a list of other gear we will need to share among the patrols. If you have these, that is great. If not, these are things you may want to consider as the scout gets more interested in backpacking

8. Backpacking appropriate tent 2.5 lbs per person
9. Backpacking stove (canister type, e.g. isopropane)
10. Backpacking cook set
11. Water filter

Questions? Feel free to contact us if you have questions or suggestions:

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